



NOTICE TO COMMUNITY

Number: IOTA-2023-10 **Date:** 8 March 2023

Relevant: Christmas Island and Cocos (Keeling) Islands

Topic: IOT COVID-19 Weekly Update – 1 March to 7 March 2023

	Christmas Island	Cocos (Keeling) Islands
New Cases: (week)	1	1
Total Recovered Cases:	665	378
Cases in Hospital	0	0

COVID-19 and influenza is currently present in the community. If you are experiencing symptoms, it is strongly recommended that you stay home to protect the community. Continue maintaining a safe distance from others and hold gatherings outdoors if possible. Practise good hand hygiene, wear a mask in public places, cover your coughs and sneezes, stay home if sick and get tested if you develop symptoms or have been in contact with someone recently infected with COVID-19.

The recommended time frame to stay home for confirmed COVID cases is five days, or while your symptoms remain. This can also be applied to influenza and other respiratory illnesses. If symptoms last longer, please stay away from others until your symptoms clear.

If you have COVID-19, you will be advised to stay away from the health service (unless a medical emergency) for seven days – phone consultations can be offered as needed. In the event of a medical emergency and you are COVID-19 positive, please inform the Health Service prior to (if possible), or on arrival, to ensure additional protective infection control measures can be taken.

COVID-19 is a notifiable disease. Please register all cases with IOTHS (not WA). Vaccination remains the best protection against severe disease and boosters are available, so please contact the health service for bookings or if you require further information.

Christmas Island – 08 9164 8333

Cocos Keeling West Island Clinic – 08 9162 6655

Cocos Keeling Island Home Island Clinic – 08 9162 7609

<https://www.wa.gov.au/government/covid-19-coronavirus/covid-19-coronavirus-what-you-can-and-cant-do>