



Jervis Bay Territory Community | Issue no. 33 | 20 December 2021

# Thank you from Assistant Minister for Regional Development and Territories, the Hon Nola Marino

2021 has been a year of significant challenges but also still many opportunities. Since COVID-19 first emerged, we have all had to adapt and change to keep ourselves, our families and our communities safe during these unprecedented times.

I thank each and every one of you for doing your part by rolling up your sleeves to get vaccinated against COVID-19.

The COVID-19 vaccinations remain our best defense against getting seriously ill from COVID, including needing to be hospitalised. If you have not yet been vaccinated, I urge you all to contact your local health care provider and book your appointment as soon as possible. And if it's been five months since your second dose, book in for your booster shot now.

Remember, children between aged 5-11 will be eligible for COVID vaccination from mid-January.

As we look to 2022, we can turn our focus to learning to live with COVID-19 in a way that helps keep ourselves, our families and communities safe. Over the next few weeks, as you come together to celebrate the festive season, please remember to do so safely and continue following the most up-to-date public health directions.

Wishing you and your families a Merry Christmas and Happy New Year.



### **State of Emergency extended for JBT**

The Australian Government has extended the State of Emergency for the JBT from 6 December 2021, as part of the ongoing response to the COVID-19 pandemic.

By doing this, the JBT community will continue to be protected and supported throughout the evolving COVID-19 situation, with the health and wellbeing of the community the first priority.

As COVID-19 restrictions eased across New South Wales (NSW) from 15 December, JBT residents are urged to remain cautious and continue practising good hygiene throughout the holiday season.

We anticipate an update to local health directions soon and will inform the local community when that occurs.

For the latest JBT public health directions, scan our QR code.

Remember to remain up-to-date with Australian Government and state and territory government advice, including on travel restrictions, health, hygiene, physical distancing and self-isolation, as well as the guidelines on vaccinations and boosters.





## Stay COVID safe these holidays

COVID-19 spreads easily between family members, especially when they gather together for joyful celebrations, including holidays such as Christmas.

Stay safe these holidays by getting vaccinated if you haven't already to minimise risk to you and your family.

If you are sick, remember, don't travel! Do the right thing, have a test, and wait at home until you know it is negative.

If you're travelling through rural and remote areas for work, check advice on **Keeping Workers Safe** and **COVID Safe Travel Choices** 

By taking these steps, you can help to keep you and your loved ones safe from COVID-19 these holidays.



### **National Park Update**

Booderee National Park is open to visitors.

Entry restrictions may apply. Please check the entry requirements before visiting Booderee National Park.

Camping at Booderee National Park has re-commenced, with bookings now open. The return of visitors and campers is welcomed as travel restrictions ease

Summer is a popular time at Booderee National Park, and travellers are being urged to keep up-to-date with the latest Public Health Directions.

Due to the large number of visitors and holidaymakers expected in the Jervis Bay region these holidays, there may be delays travelling into Booderee National Park and everyone is asked to please be patient and allow travel extra time when making plans.

Park staff want all visitors to have a safe and enjoyable experience at Booderee this summer and we ask that you review our safety messaging before visiting the park.

For updates about Booderee National Park, visit the park website, sign up to the mailing list or follow BNP on Facebook.

For community bulletins and directions affecting the Jervis Bay Territory visit https://www.infrastructure.gov.au/terri

tories-regions-cities/territories/jervisbay-territory



### Is it true? Get the facts on COVID-19

Do the vaccines contain a microchip? Will they make me magnetic? Will they give me blood clots or cause infertility?



The answer to these

questions is no. However, these are some of the many questions healthcare workers have been asked about the COVID-19 vaccines. There's a lot of myths and misinformation being shared on social media targeting Aboriginal and Torres Strait Islander people. It's important you get the fact-based information when it comes to the vaccines.

To get your answers and learn the truth about the COVID-19 vaccines visit the *Is it True* webpage at <a href="https://www.health.gov.au/initiatives-and-programs/covid-19-vaccines/is-it-true">https://www.health.gov.au/initiatives-and-programs/covid-19-vaccines/is-it-true</a>, or download and share the fact-checked social media tiles.

Have a varn to your healthcare worker to find out more.

### **JBT Office holiday opening hours**

The JBT Office will be shut from close of business on 23 December 2021 until 9am on 4 January 2022.

During this period, any transactions will need to be done through Access Canberra, either by telephone or online

Over January, standard opening hours for the JBT Office will be Tuesdays from 9am-midday and 1-4 pm, and Thursdays from 9am-midday and 1-4 pm.

Any business with the JBT Office outside the opening hours must be made by prior appointment.

#### **Need medical assistance or support?**

Please call 000 for urgent medical assistance (e.g. difficulty breathing).

**Telehealth appointments** are available in the Wreck Bay community health clinic. If you are interested in a Telehealth appointment, contact the clinic to see if Telehealth is right for your situation on **(02) 4448 0200** or **1800 215 099**.

### **More information**

For up-to-date information on COVID-19, visit www.health.gov.au or call 1800 020 080 (operates 24 hours a day, seven days a week). If you require translating or interpreting services, please call 131 450.

Information is also available from **Health Direct 1800 022 222** or by visiting **healthdirect.gov.au/coronavirus** 

