



COVID-19 Newsletter



Jervis Bay Territory Community | Issue no. 29 | 10 September 2021

Why should you get your COVID-19 vaccine?

COVID-19 can be a very serious sickness, especially for our Elders, and those in our community who have existing medical conditions.

When you get vaccinated, you are protecting yourself and helping to protect your community.

There is early evidence that shows COVID-19 vaccines also help reduce the spread of the virus, from person to person.

If you have not yet had your first COVID-19 vaccine, it is not too late to make a booking with WBACC today.

Remember, while the COVID-19 vaccine can help protect you from getting really sick, you need to still keep an eye out for any COVID-19 symptoms such as a fever, cough, sore throat and shortness of breath.

If you feel unwell with any of these symptoms please get a COVID-19 test and seek immediate medical advice.

To stay up to date with all the latest JBT Public Health Directions you can scan the below QR code:



Lockdown extended for JBT

To protect residents from the ongoing COVID-19 outbreak, the Jervis Bay Territory (JBT) lockdown is continuing while the Shoalhaven Local Government Area (LGA) remains in lockdown. The date for the lockdown lifting will be advised once it is confirmed.

The stay-at-home orders for the JBT will continue until the NSW Government lifts the lockdown on the Shoalhaven LGA, with the date to be advised once known.

Under the stay-at-home orders, JBT residents are reminded that they must not leave their home without a reasonable excuse, which only includes:

- Shopping for essential household items
- Medical care and caregiving, including receiving your COVID-19 vaccination
- Outdoor exercise with members of your household or one other person
- Work if working from home is not possible and the business is allowed to open.

Travel between the JBT and the Shoalhaven remains allowed, but only if you have a reasonable excuse for leaving home.

This lockdown is important to stop COVID spreading in our community. Please stay home unless you have to leave. This is the best way to keep your loved ones safe and making the lockdown as short as possible.

Keep up-to-date with the latest COVID-19 case locations and alerts in NSW

When a confirmed COVID-19 case attends a venue while possibly infectious, NSW Health carries out a risk assessment to determine whether there is a public health risk.

NSW Health alerts the public as quickly as possible when there is a venue deemed a public health risk.

Potentially exposed people receive an SMS message from NSW Health advising them to immediately get tested and self-isolate until they receive further advice from contact tracers.

It is very important that you keep up-to-date with the latest COVID-19 case locations and alerts in NSW, and that you follow all advice from NSW Health.

You can keep up with the latest COVID-19 exposure site [information](https://www.health.nsw.gov.au/Infectious/covid-19/Pages/case-locations-and-alerts.aspx) here: <https://www.health.nsw.gov.au/Infectious/covid-19/Pages/case-locations-and-alerts.aspx>

If you have any questions contact the COVID-19 helpline on 1800 020 080 or visit [nsw.gov.au](https://www.nsw.gov.au)



National Park Update

Due to the evolving COVID-19 situation in NSW, Booderee National Park remains closed until further notice.

Under the current lockdown requirements, only JBT residents and essential workers are able to enter the National Park.

All camping bookings for the 2021-22 summer school holidays have been postponed until further notice.

It is still hoped to have camping over this summer at Booderee so please stay up to date with the latest information.

For updates about Booderee National Park visit the BNP website, sign up to the mailing list using the form below, or follow the [Facebook](#) page.

For community bulletins and directions affecting the Jervis Bay Territory visit https://www.regional.gov.au/territories/jervis_bay/community/bulletins/bulletins-2021/.



Community rolls up for COVID vaccine roll-out in the Jervis Bay Territory

Last week, the Royal Flying Doctor's Service team worked tirelessly to vaccinate the JBT community against COVID-19, in partnership with the Wreck Bay Aboriginal Community Council and the Jervis Bay Territory Office.

The vaccination rollout commenced in Wreck Bay on Monday, 30 August, and the response we have had from the community has been overwhelmingly positive, with 367 people, including Elders, young people and entire families turning up to roll up their sleeves to get vaccinated, providing our best line of defence against COVID-19 in the Territory. Stakeholders who work in the JBT were also vaccinated.

WBACC led the drive to raise community awareness and increase participation by doing home visits to ensure everyone had an opportunity to sign up while the Royal Flying Doctor Service ran the clinics. RFDS also had a doctor on site to provide targeted health advice to those with health concerns.

A big thank you to WBACC and the Royal Flying Doctor's Service, as well as a shout-out Jervis Bay School for providing chairs and access to their hall, and to Booderee National Park for providing accommodation for the Royal Flying Doctor's team in the JBT.

Thanks to each and every resident who turned up to do your bit to help keep yourselves, your families and your community protected from COVID-19.

The Royal Flying Doctor's Service will be back in the JBT in a few weeks to deliver the second doses to everyone, and it is **very important** that you get your second dose of the COVID-19 vaccine.

The vaccines are most effective when you've received two doses – without the second dose, your body will not be able to fight COVID-19 as effectively.

If you haven't yet had your first COVID-19 vaccination you still can make a booking with WBACC for when the Royal Flying Doctor's Service return later this month.

Vaccines are the best way of protecting you and your loved ones from getting really sick from COVID-19.

