



COVID-19 Newsletter



Jervis Bay Territory Community | Issue no. 24 | 28 May 2021

Don't take the risk this season – protect yourself and get the flu vaccine

Influenza, or the flu, is not the same as the common cold. Although some of the symptoms are similar, some people can become seriously ill or even die.

Symptoms of the flu include:

- fever (high temperature)
- cough
- sore throat
- runny or stuffy nose
- muscle or body aches
- headaches
- fatigue (tiredness)

What's really important this year, is to go and get our flu shot.

If you're over 6 months of age, if you're an older person, and for all of Aboriginal and Torres Strait Islander people, you can get the flu vaccine.

It's free, quick and easy to get your flu shot and can help protect yourselves, families, friends, elders and your community from the flu.

The flu vaccine won't protect you from COVID-19, that's a different virus. But the flu vaccine, the general vaccine, is an important one.

More information and free resources to download are available at www.health.gov.au



Keep up to date with the latest Public Health Directions for JBT

While COVID-19 restrictions are slowly easing, this doesn't mean we have beaten the virus. Even one case of COVID-19 in our community could threaten the health and safety of you, your family, friends and elders.

It is the responsibility of all residents, visitors and contractors working in the Jervis Bay Territory (JBT) to keep up with, and follow, the latest Public Health Directions and to stay up-to-date with the best, most-up-to-date Australian Government and state and territory government rules and advice.

With the evolving COVID-19 situation in Victoria, it is vital that you check the latest Australian Capital Territory COVID-19 areas of concern notice [or information] if you are or have been travelling to or from the Greater Melbourne area and are stopping in the JBT.

You can find the latest information on COVID-19 areas of concern here: <https://www.covid19.act.gov.au/updates/covid-19-areas-of-concern>

If you are worried about your health or the health of a family member or friend, or just for more information on the COVID-19, contact your local health care provider today.

Scan our QR code for the latest Public Health Directions for the JBT:



Were COVID-19 vaccines rushed through approvals?

No, this is not true. Australia has made a full assessment of the COVID-19 vaccines.

All vaccines need to pass an assessment for quality, safety and efficacy. This is the same process for all vaccines. No part of the process has been rushed.

New technologies have helped scientists understand the coronavirus earlier and in great detail. This has allowed them to start working on vaccine design faster. Learn more about the COVID-19 vaccine at www.health.gov.au.



Inaugural RDA FSC JBT Youth Leadership Forum

The weekend of 22-23 May 2021 saw the inaugural Regional Development Australia Far South Coast (RDA FSC) JBT Youth Leadership Forum held at Koloona.

More than 30 Indigenous students attended from years 8-12 from VHS. About 80% of the attendees were the children of Traditional Owner (TOs).

An evaluation form was collected from the students and RDA FSC will use that information for a report back to the community and Government.

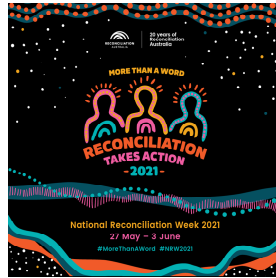
Elders attended the Forum on the Saturday and many community members volunteered their time, both over the weekend and in the lead-up preparations, to make this event a success.

The Forum was more than just a leadership camp, it was the first opportunity for many JBT youth to come together, connect and talk about what they want to see happen for the future of the region.

The event is sponsored by the Australian Government under the auspices of RDA FSC.



The inaugural RDA FSC JBT Youth Leadership Forum attendees at Koloona May 2021



Celebrating National Reconciliation Week and National Sorry Day 2021

On 26 May we observed National Sorry Day, to remember and acknowledge the mistreatment of the mistreatment of Aboriginal and Torres Strait Islander people who were forcibly removed from their families and communities, which we now know as 'The Stolen Generations'.

National Sorry Day is a day to acknowledge the strength of Stolen Generations Survivors and reflect on how we can all play a part in the healing process for our people and nation.

This week is also Reconciliation Week from 27 May to 3 June.

These dates mark two significant milestones in the reconciliation journey. On May 27 1967, more than 90 per cent of Australians voted to give the Australian Government power to make laws for Aboriginal and Torres Strait Islander people and recognise them in the Census.

On 3 June 1992, the Australian High Court delivered the Mabo decision, leading to the legal recognition of Aboriginal and Torres Strait Islander peoples as the Traditional Owners and Custodians of lands. This decision paved the way for Native Title.

Reconciliation Australia's theme for 2021, *More than a word. Reconciliation takes action*, urges the reconciliation movement towards braver and more impactful action.

Upcoming electrical network maintenance upgrades

Formal service notices will be provided via resident letter boxes in the upcoming week advising of potential impacts to community during maintenance upgrades.

Upcoming works:

17 June

2 Stage Outage

Outage Time: 7.00am 9.00pm

Isolation Points: ABS 9 to ABS 5

Affected: Sub 6 (Wreck Bay), Sub 4 (Water Treatment), Sub 11 (Fire Ground), Sub 5 (Bherwerre Ridge)

Maintenance carried out on: Sub 6 (Wreck Bay), ABS 8 and ABS 7

17 June

2 Stage Outage

Outage Time: 9.00am 3.00pm

Isolation Points: ABS 7 to ABS 5

Affected: Sub 4 (Water Treatment), Sub 11 (Fire Ground), Sub 5 (Bherwerre Ridge)

Maintenance carried out on: Sub 4 (Water Treatment), Sub 11 (Fire Ground), Sub 5 (Bherwerre Ridge) Ground, Sub 5 (Bherwerre Ridge)

KEEP OUR MOB SAFE, STOP THE SPREAD.

Coronavirus
(COVID-19)